



WW Workshops in the workplace Frequently Asked Questions

Is there a BMI minimum to join WW?

There is no minimum. People with BMI under 18.5 will be directed to a landing page (launching 10.7) where they will find information about how to maintain their weight and will be encouraged to contact WW to schedule a free “getting started” phone call. The purpose of the phone call is to intro them to the program, ensure they know their weight is in underweight range and know how to maintain it (e.g., weigh once/weekly, adjust DPT as needed), recommend against weight loss, and confirm there is no presence of an eating disorder.

What forms of payment do you accept?

Debit card, credit card, cash or check. Some companies offer payroll deduction, subsidy or reimbursement.

Are WW membership fees recognized as an FSA qualified medical expense?

If a physician has prescribed weight loss as a treatment for a specific disease (such as obesity, hypertension, or heart disease), the Internal Revenue Service (IRS) may allow employees to use funds from their pre-tax accounts, such as the Flexible Spending Account (FSA)* to pay for “membership in a weight reduction group as well as fees for an attendance at periodic workshops.”

What if I can't attend one of the Wellness Workshops in my workplace?

Once you are a member, you can attend workshops in your community at no charge. Simply bring your weight record with you for your wellness check-in.

What if the Workshop Series closes and I still want to attend?

We hope the workshop at your company will continue indefinitely. However, if it needs to be closed, you will have four weeks to join another WW workshop to remain a current member (applies to Workshop series). You will not be charged a registration fee if you join another workshop within that 4-week time frame. Bring your weight record as proof of membership. For Monthly Pass workshops, simply take your Monthly Pass to any other WW location.

I have a Monthly Pass. Can I use this at my Workshop in the workplace?

If your Workshop is a Monthly Pass meeting, you may transfer your pass. If not, you will need to cancel your Monthly Pass by calling 1-866-204-2885 and pay the workshop series fee.

I am a Lifetime Member. May I come to a Workshop in the workplace?

Absolutely! If you are within 2 pounds of your weight goal, you can attend for free. If you are between 3-7 pounds above your goal, you pay weekly until you are back within 2 pounds of goal. If you are more than 7 pounds above goal, you will need to pay the entire series fee when you join. If there are weeks remaining in the series when you return to free status, you would be eligible to get those remaining weeks refunded.

What is the refund policy?

Workshops in the workplace are prepaid and nonrefundable except where prohibited by law. Refunds are given only for medical reasons (with doctors note), if you reach Lifetime Membership, become pregnant or if you leave the company.

I am currently a Digital member; can I join the workshop series?

Yes! Simply cancel your Digital membership by calling 1-866-204-2885, then come to the Workshop in the workplace to register and pay for your workshop series. Since you'll receive Digital with your membership, you can keep your member history.

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