

FROM UCOP,  
BSFO~PACSW~PRIDE~APISA~LASA  
& OPSA PRESENT...

# HEALING MEDITATION

*Facilitated by LeNaya Crawford,  
the Holistic MFT*

8:45 AM

Tuesdays and Thursdays

September 14 - November 18\*

Zoom link: *Weekly Calendar; Meeting Link*



Instagram: @lenayascrawford

\*There will be no meditation sessions the week of September 20th.