

# SAVE THE DATE

Black Staff and Faculty Organization (BSFO)

## HEALTH & WELLNESS EVENTS

Join BSFO's Health & Wellness series of events throughout the month of October.

**OCTOBER 17**

9AM - 9:15AM

### MEDITATION

Led by LeNaya Smith Crawford

Join via Zoom: 988 1244 5936

### HEALTH FAIR

Franklin Lobby 1 – In person

**OCTOBER 17**

12PM - 2PM

**OCTOBER 25**

9AM - 9:15AM

### MEDITATION

Led by LeNaya Smith Crawford

Join via Zoom: 988 1244 5936

### VIRTUAL PANEL DISCUSSION

"Whole Health Equity - Closing the Gaps"

Dr. Medell Briggs - Malonson - UCLA

Dr. Anne Foster - UCOP

Dr. Malcolm John - UCSF

Dr. Taisha Caldwell - Harvey - The Black Girl Doctor

Join via Zoom: 988 0343 2910

**OCTOBER 25**

12PM - 1:30PM