

Office of the President Staff Assembly (OPSA*) is hosting a

UCOP Staff Listening Session

on Balance & Engagement in Your Work



You're Invited:

Thursday, January 15, 2026 via Zoom

Time: 1:05 – 2:20 p.m.

(Zoom link provided upon registration: [Register Here](#))

This session offers an inclusive space, using a 3Practice Circles approach that brings UCOP employees together to listen, share, and connect as a community.

It is a simple, respectful way to engage in conversation within 3 practices:

1. Listen with your whole self
2. Be curious and ask questions
3. Share from your own experience

The listening session will focus on this question for discussion:

“What helps you feel balanced and engaged in your work, and what makes it more challenging?”



Facilitators:

Ombudsperson Callale Concon and
Past APISA Chair Tony Yang

*We look forward to your participation in continuing to create
a culture of listening and connection at UCOP.*

***[OPSA](#) Vision Statement:**

Bridging Voices, Building Community: Empowering Staff to Shape UC's Future